



Press Release – For Immediate Release

Healthcare Burnout Symposium Announces 2022 Faculty and Sharp Index Awards for Excellence in Physician Well-being Programs

SAN FRANCISCO, CA – The Healthcare Burnout Symposium will convene in person at the Hyatt Regency Embarcadero Hotel, San Francisco, January 24-26, 2022, to address physician, nurse, clinician burnout as a public health emergency that requires immediate action.

The incessant pressures of the pandemic have worn out healthcare workers and hospital systems are struggling to find ways to support the well-being of their medical personnel as the cumulative effects of stress and fatigue build and lead to increased suicide rates and mental health impacts. For every 400 Physicians that commit suicide each year, an estimated 1,000,000 patients are impacted. This year's distinguished faculty will focus on the urgent need to install programs that can address transforming workflows, management systems, and cultures that drive burnout.

“The Healthcare Burnout Symposium is a unique meeting that brings together some of the greatest healthcare leaders from across a wide variety of perspectives, all committed to helping clinicians move beyond burnout and achieve professional fulfillment. This is an excellent opportunity for networking with, and learning from, the best in the field.” says conference co-chair, Paul Dechant.

Former CEO of The Permanente Medical Group (1999-2017) and renowned author, Dr. Robert Pearl, will open the conference and address issues described in his latest book, *Uncaring: How the Culture of Medicine Kills Doctors and Patients*. Doctors are burning out and are making dangerous mistakes. In this important and timely book, Dr. Pearl shines a light on the unseen and often toxic culture of medicine. The first fifty registered conference delegates will receive a signed copy of Dr. Pearl's book.

Dr. Tait Shanafelt, Chief Wellness Officer, Stanford, will highlight recent scientific insights regarding occupational distress and well-being in healthcare workers including new data regarding the impact of the COVID-19 pandemic. He will review emerging science regarding the fundamental role of self-valuation as an Achilles' heel for healthcare workers. He will also present evolving data on the critical role of leadership behavior on healthcare professional

well-being and the opportunity to harness this dimension as a foundational organizational strategy to mitigate occupational distress.

Christina Maslach, Ph.D., Professor of Psychology, Emerita; Professor of the Graduate School, University of California, Berkeley, will close out the conference with innovative answers to the challenges of burnout so that people can work smarter rather than just harder.

Cory and Jennifer Feist, Co-Founders of the Dr. Lorna Breen Heroes' Foundation, will speak to the ongoing elevated rates of burnout, depression, anxiety, post-traumatic stress disorder (PTSD), and suicide in the physician community. Physicians and nurses die by suicide at twice the rate of the general population and burnout has been shown to cause a 200% increase in risk and medical errors.

Experts in organizational behavior such as Jeffrey Pfeffer, from the Stanford Graduate School of Business, will address the embedded issues facing hospitals across the nation and will share examples of strategies that have proven effective in traumatic scenarios or where management has faced unprecedented challenges in keeping long-term employees safe and well.

During the symposium, Janae Sharp, co-chair, will again recognize leaders who make a difference in wellness support inside healthcare ecosystems. She says, "The Sharp Index is proud to partner with the Healthcare Burnout Symposium to empower each individual to make positive change. We award leaders in physician and healthcare worker mental health. In doing so, we get an opportunity to recognize great work, improve the application of technology, and help shape the culture of medicine."

Nominations for the 2021 Sharp Index awards are now open and submissions are accepted through the website: www.stophealthcareburnout.com/awards until Dec. 31, 2021.

To see the full agenda and list of distinguished faculty, visit Stophealthcareburnout.com.

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